

**DASC Additional Covid information, on helping to reduce the spread of Coronavirus.**

Dungannon Leisure Centre.

* The public will be out 30 mins before DASC, allowing for cleaning and exiting via the emergency exit door at the bottom of the stairs.
* There is a one-way system inside the leisure centre and a clockwise, one-way system around the pool bank.
* All doors are to be pinned open.
* All surfaces, toilets and handrails are cleaned regularly.
* PPE is available for use (gloves, masks, shields, aprons.)
* Sanitizer is available throughout the building and at our entry point.

Presently there are:

* NO Showers.
* NO Lockers.
* NO Lift.
* NO Hairdryers.
* No viewing gallery.
* NO Masks required during changing at present.
* NO Drinking Water fillers.

## For more information on Mid Ulster Swimming Pool Reopening Guidelines can be found [here](https://www.midulstercouncil.org/leisure/covid-19-leisure-services-updates/swimming-pool-reopening-guidelines).

Dungannon Swimming Club:

* Presently parents are only allowed inside the leisure centre if they are coaching or volunteering.
* Anyone attending the leisure centre must complete a daily COVID Health Declaration, for children under 18, parents must complete the online daily health declaration online before being admitted to leisure centre.
* Please do not touch or use other people’s equipment.
* Please bring your own water bottle and bring it home.
* Please practice social distancing and regular hand sanitizing.
* All members will use the changing rooms emergency exits to enter and exit the building – please see swimming club entry and exit diagram attached.
* Children will change in a cubicle, leaving their belongings in that cubicle and returning to the same cubical to get dressed and go home.
* Half the changing rooms will be in use during the first session, whilst the other half for the next session.
* Children have 10mins to get signed in and changed and 10mins to get dried and changed. POD and LC staff will help ensure speedy changes.

Person on Duty (POD) & Covid Officer:

* Is responsible for ensuring COVID health Declarations are completed before entering the leisure centre.
* Is responsible for ensuring closure of the fire exits before they leave them to supervise training. Therefore, if athletes are late, they will not be able to get in.
* Is responsible for reminding children to maintain social distance.
* Person on duty will have PPE (gloves, masks, tissues, wipes, bags & sanitizer) - available in the blue swimming club bag and from the leisure centre if required.
* Any possible Covid contaminated material must be double bagged and placed in Leisure Centre bins.
* Please click [COVID Officer Job Description](C://Users/Dungannon%20ASC/Desktop/2020-2021%20membership%20info/COVID/COVID-19-Officer-Job%20descriptions.pdf) for more detailed information.

Swim Ireland says:

* If there is a diagnosis of Covid, there is no need to cancel sessions, if social distancing has been adhered to.
* Parents must stay within 5minutes of the leisure centre during training, encase of an emergency.
* In a 25m pool, up to 6 athletes per lane can swim if it is felt social distancing can be safely managed – each lane will be assessed individually.
* For more information please see [swim Ireland website.](•%09https:/www.swimireland.ie/membership/covid-19-return-to-water)